

Parent Academy



Special Presentations for Parents and Professionals

Creating a Culture of Kindness

Learn the importance of creating a culture of kindness in our homes, schools and communities. Children develop positive relationships and build their own competencies when kindness and compassion are modeled and expected. Books will be available.

Wednesday, April 12,
Professional workshop, 2-4 p.m.
Parent workshop, 6-8 p.m.

Hampton Healthy Families
100 Old Hampton Lane, Hampton

Register at CHKD.org/classes

Questions? Contact Michele Tryon at
668-9304 or Michele.Tryon@CHKD.org

Meet the Presenter



Z. Andrew Jatau, MS, LPC, is a licensed professional counselor in private practice and has worked with diverse populations as a case manager, professional counselor and adjunct professor. He is the founder and CEO of Mylemarks LLC, a company focused on creating tools for parents and professionals used to promote healthy emotional and

social skill development in children. He has authored four books: "The Big Book of Feelings," "Cope With It!," "The Bullying Workbook," and "Girls Can Do This! Boys Can Do That!"